**AIR HASH 舉辦原則**

- It should be a one day Saturday event; 本活動時間應以為1天為限

- The host hash is responsible for determining a date mutually suitable to all hashes on the island; 當年度負責舉辦的Hash應聯繫所有Hash團體協調出適當之日期

- Determination and announcement of the event date, location and general logistics should be made by Jan. 31 of that year's event; 負責舉辦的Hash應於當年度1/31前將該活動的日期、跑步地點、交通等資訊公告出來

- The run site will preferably be no more than 3 hours drive from any hash (i.e. south of Miaoli and north of Chiayi if on the west coast); 跑步地點應以任何Hash團體花費不超過3小時車程時間為主

- The trails should not have been used for a previous event; 跑步路線不可重複使用之前的路線 - There should be one run unless numbers increase beyond the point where this is feasible (e.g. in excess of 500 participants); 跑步路線以1條為主，除非人數眾多(如超過500人)，則另案處理

- A run length of no more than 1 1/4 hours for front runners and 2 hours for the last people (inc. walkers) is preferable, if necessary achieved by a long/short split. It is advisable that the early part of the run be on wider trails so that the pack can settle into its natural formation with faster runners able to reach the front. Runs with large sections of narrow hiking trails are unsuitable. 跑步以跑者不超過1小時25分，走路的人不超過2小時為適當時間，如必要的話，路線可分長短。建議最前面的路線以路面寬廣的路線為佳，讓跑的快的跑者可以跑在前面可以自然地解決擁擠狀況。窄的登山步道不適合大型跑步活動

- The event schedule should allow for at least 2 hours of down downs after the runners return; 本活動的Down Down時間須至少為2小時

- Down downs should include the participation of GMs of all hashes 所有Hash的會長必須輪流出來主持Down Down

- The hosting hash schedule will rotate in an established cycle unless a hash wishes to decline as host in which case the next scheduled host will take over. 所有Hash團體均舉辦過AIR後，應按此方式每年輪流負責舉辦，除非當年度Hash自動放棄，則下一年度負責舉辦的Hash團體應接手

- A decline to host will be considered absolute. The next opportunity to host will be at that hash’s regular place in the cycle. I.e. A hash may not ask to defer it’s hosting. 如果Hash婉拒舉辦應負責舉辦AIR之年度時，該Hash團體下一次舉辦AIR的機會必須等其他Hash團體均舉辦過後才可

- New hashes may request inclusion as an AIR host after 3 years of continuous participation in AIR. All additions will take place at the end of the then current cycle. 新Hash團體必須連續參加3年度的AIR才有權利提出舉辦AIR之要求，但還是必須等其他Hash團體均舉辦過一輪之後得以參與

- If required, additions or changes to these guidelines will be considered at a GMs meeting at the next AIR. Any such amendments must be submitted and circulated to all hashes one month before the AIR. 如果需要，AIR舉辦準則的增加或改變將視需要在下一次AIR的GM會議中被提出。任何該等修訂須於AIR活動前之一個月提交並分發傳閱予有Hash 團體。

**AIR RUNS**

2008 Taipei Hash Jiuhu

2009 Kaohsiung Hash Moon World

2010 Taiwan Bear Hash Tongsiao

2011 Hsinchu Hash Shiunglin

2012 Taichung Hash Heping

2013 China Hash Fu Long Temple

2014 Taipei Hash Mingde Reservoir

2015 Kaohsiung Hash Longqi

*2016 Taiwan Bear Hash* Baoshi

*2017 Hsinchu Hash*

*2018 Taichung Hash*

*2019 China Hash*

*2020 New Taipei Hash*